

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JANUARY				1
Mental Toughness Week 8:00am - 3:00pm				
BetterMan 6:30pm 4	5	6	7	8
BetterMan 6:30pm 11	F3 Run 5:30am Naming Ceremony 6:30pm 12	13	F3 Workout 5:30am Fellowship Dinner* 6:00pm 14	Game Night* 6:30pm 15
BetterMan 6:30pm 18	F3 Run 5:30am 19	20	F3 Workout 5:30am Fellowship Dinner* 6:00pm 21	Bible Study 7:30am Lunch & Learn* 11:30am Game Night* 6:30pm 22
BetterMan 6:30pm 25	F3 Run 5:30am 26	27	F3 Workout 5:30am Fellowship Dinner* 6:00pm 28	Bible Study 7:30am Lunch & Learn* 11:30am Game Night* 6:30pm 29

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEBRUARY				F3 Run 5:30am
BetterMan 6:30pm 1	2	3	F3 Workout 5:30am Fellowship Dinner* 6:00pm 4	Bible Study 7:30am Lunch & Learn* 11:30am Game Night* 6:30pm 5
BetterMan 6:30pm 8	F3 Run 5:30am 9	10	F3 Workout 5:30am Fellowship Dinner* 6:00pm 11	Bible Study 7:30am Lunch & Learn* 11:30am Game Night* 6:30pm 12
BetterMan 6:30pm 15	F3 Run 5:30am 16	17	F3 Workout 5:30am Fellowship Dinner* 6:00pm 18	Lunch & Learn* 11:30am Game Night* 6:30pm 19
BetterMan 6:30pm 22	F3 Run 5:30am 23	24	F3 Workout 5:30am 25	Signing Day* 11:30am 26

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARCH				
BetterMan 6:30pm 1	2	3	4	5
BetterMan 6:30pm				
8	9	10	11	12
BetterMan 6:30pm				
15	16	17	18	19
Mental Toughness Week 8:00am - 3:00pm				
BetterMan 6:30pm 22	23	24	25	26
BetterMan 6:30pm	F3 Run 5:30am Naming Ceremony 6:30pm			
29	30	31		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL				
			F3 Workout 5:30am Fellowship Dinner* 6:00pm	Game Night* 6:30pm
			1	2
BetterMan 6:30pm	F3 Run 5:30am		F3 Workout 5:30am Fellowship Dinner* 6:00pm	Bible Study 7:30am Lunch & Learn* 11:30am Game Night* 6:30pm
5	6	7	8	9
BetterMan 6:30pm	F3 Run 5:30am		F3 Workout 5:30am Standing Strong Dinner* 6-8pm	Bible Study 7:30am Lunch & Learn* 11:30am Game Night* 6:30pm
12	13	14	15	16
BetterMan 6:30pm	F3 Run 5:30am		F3 Workout 5:30am Fellowship Dinner* 6:00pm	Bible Study 7:30am Lunch & Learn* 11:30am Game Night* 6:30pm
19	20	21	22	23
BetterMan 6:30pm	F3 Run 5:30am		F3 Workout 5:30am Fellowship Dinner* 6:00pm	Bible Study 7:30am Lunch & Learn* 11:30am Game Night* 6:30pm
26	27	28	29	30